**Union Academy Physical Education Course Syllabus**

**Coach Sanders Coach Bruno**

**The best resource for our class is our website.** [**www.unionpe.weebly.com**](http://www.unionpe.weebly.com)

In the International Baccalaureate (MYP), physical and health education empowers students to understand and appreciate the value of being physically active and to develop the motivation for making healthy life choices.

1. Students are expected to have a positive attitude and give full effort during PE. As coaches, we plan to use our PE class time to teach fundamental motor skills, motor development, team work, discipline, fitness awareness, and promote a healthy lifestyle.
2. Students will be expected to “dress out” daily, wearing a Union Academy Phys. Ed uniform and proper athletic shoes that cover the entire foot. These shoes for example DO NOT include Sperry's or Hey Dudes.

The student’s name must be permanently written in the designed area on the shirt and shorts. No other writing may be on the uniform. If a student does **NOT** have **all** the components on their PE uniform, they will not be able to participate in any physical activity.

1. **You may purchase the uniform at Evolutionary Screen Printing.** 3521 Waterfield Pkwy, Lakeland, FL 33803 (863) 248-2692 **Uniforms are $8 for the shirt and $8 for the shorts, totaling $16.**
2. Hats and sunglasses may be worn, as designed, during outside class activities only. Water bottles are allowed.
3. **A combination lock** is needed to safeguard items left in the assigned PE locker. **Key locks are prohibited.** UA PE department is not responsible for lost or stolen articles. It is important that each student understands how to properly use their lock. Glass bottles/mirrors are prohibited in the locker room. Students are only allowed to spray themselves with fragrances or sun screen.
4. **Cellphones** are not allowed to be used for any reason during class. If a student needs to contact a parent or vice versa, it needs to be done through student services. An administrator will be contacted to remove the cellphone and a parent will be required to pick it up.
5. A PE 3 prong folder is required for class. Fitnessgram papers, Rubrics, notes, make-up work, study material, and all written assignments will be kept in the proper section of the binder. There will be random folder checks for a grade. Folder checks will be 20 points. It is the student’s responsibility to keep work in binder and in order.
6. To be excused from the day’s activities, a student present in class must have a note from the parent or a doctor requesting permission for the student to sit out of participation for the day.
7. **Makeup work:** If a student must misses the day of participation due to injury, the student will be given an alternative assignment by the teacher. Make up work will be the **student’s responsibility** to turn in on time.
8. If a student is absent, they will retrieve a make-up assignment from www.unionpe.weebly.com from the policies page, then make-up work tab.
9. Missed dress out days: **Each 9 weeks**, a student will be given three times of writing an essay/assignment in which they do not dress out to receive credit for that day. The fourth time of not dressing out, they will not receive credit nor be allowed to physically participate.
10. Make up assignments are located on [www.unionpe.weebly.com](http://www.unionpe.weebly.com) on the policies tab and the makeup section. The website can be accessed from a smart phone or computer. If the student does not have internet access, a parent note is required to receive a printed copy of the assignment.
11. **Grade recovery:** Students will miss physical activity days to make up any assignments not turned in.
12. **Grading Procedure:** Daily participation is required. Points will be deducted if the following criteria are not met:
13. Students fail to turn in assignments for unexcused or excused absences.
14. Students are graded on the effort they display, not their athletic skill level. Lack of participation and/or effort will result in loss of daily grade.
15. Students will also be graded on their sportsmanship in the game and in non-competition settings such as the locker room.
16. Assignments and Assessments will be graded throughout the semester. Students will demonstrate a mastery of standards taught written and/or skills test. Assignments will be available on [www.unionpe.weebly.com](http://www.unionpe.weebly.com) for students need to complete and videos they need to watch for class. **Archery safety test is required to score a 100 to participate for safety reasons. Students will be allowed to take the test up to 3 times. Alternative assignments will be given to those who do not pass with a 100. Find study guide on the PE website.**
17. **Student discipline** will depend on the severity of the infraction. Discipline in PE is more often dealt with in PE rather than sent to the office. Examples of dealing with discipline outside of PE are student conference, parent intervention, office intervention, or office referral.

Union Academy PE is more than just games; there is rigorous learning and implementation of our International Baccalaureate Program. Possible units may include but are not limited to Leadership and teamwork, Fitnessgram, Design, Ultimate Frisbee, Archery, Football, Basketball, Soccer, Softball, Dance, Health, Striking with the body, Striking with an implement, CPR, Volleyball, Ropes course, Floor Hockey, etc...

**Please sign and return. If you have any questions, please feel free to**

**e-mail Coach Sanders at** [derisha.sanders@polk-fl.net](mailto:derisha.sanders@polk-fl.net) or [lance.bruno@polk-fl.net](mailto:lance.bruno@polk-fl.net)

**Student Name (print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Name (print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent contact number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**